

Vorläufiger Zeitplan: Samstag, den 04.03.2023;

Änderungen vorbehalten.

01.02.2023

M30/35	M40/45	M50/55	M60/65	M70/75	M80/85	Zeit	W30/35	W40/45	W50/55	W60/65/70	W75/80/85
				60 mHü, ZL		10:30	Kugel, F	Kugel, F	60 mHü, ZL Weit, F	Weit, F	Weit, F
			60 mHü, ZL			10:35		60 mHü, ZL			
		60 mHü, ZL				10:45	60 mHü, ZL				
60 mHü, ZL	60 mHü, ZL					10:55					
				60 m, ZL	60 m, ZL	11:05					
			60 m, ZL			11:15					
		60 m, ZL				11:25					
				Weit, F Kugel, F	Weit, F	11:30					Kugel, F
	60 m, ZL					11:40					
60 m, ZL						11:50					
						12:00	60 m, ZL				
						12:05		60 m, ZL			
						12:15				60 m, ZL	60 m, ZL
						12:20			60 m, Z		
	Kugel, F					12:25					
			Weit, F			12:30					
						12:40	800 m, ZL	800 m, ZL			
						12:45			800 m, ZL	800 m, ZL	800 m, ZL
		Hoch, F	800 m, ZL			12:50					
				800 m, ZL	800 m, ZL	13:00					
		800 m, ZL				13:05					
800 m, ZL	800 m, ZL					13:15					
Stab AH-1	Stab AH-1	Stab AH-1	Stab AH-1	Stab AH-1	Stab AH-1	13:30	Stab AH-1	Stab AH-1	Stab AH-1	Stab AH-1	Stab AH-1
						13:50	Weit, F	Weit, F	Kugel, F	Kugel, F	Kugel-W70
		200 m, ZL				14:00					
Hoch, F	Hoch, F		200 m, ZL			14:15					

M30/35	M40/45	M50/55	M60/65	M70/75	M80/85	Zeit	W30/35	W40/45	W50/55	W60/65/70	W75/80/85
				200 m, ZL	200 m, ZL	14:25					
	200 m, ZL					14:40					
		Weit, F				14:50					
200 m, ZL						14:55					
						15:05	200 m, ZL	200 m, ZL			
			Kugel, F			15:10					
						15:25			200 m, ZL	200 m, ZL	200 m, ZL
						15:30					
Stab AH-2	Stab AH-2	Stab AH-2	Stab AH-2	Stab AH-2		15:40	Stab AH-2	Stab AH-2	Stab AH-2	Stab AH-2	
		4x200m, ZL	4x200m, ZL	4x200m, ZL		15:40					
			Hoch F	Hoch F	Hoch F	15:45					
4x200m, ZL	4x200m, ZL					15:50					
4x200m MIX, ZL						16:00	4x200m MIX, ZL				
Weit, F	Weit, F					16:10	4x200m, ZL	4x200m, ZL	4x200m, ZL	4x200m, ZL	4x200m, ZL
3000m, ZL	3000m, ZL					16:20					
		Kugel, F				16:30					
		3000m, ZL				16:40					
400 m, ZL	400 m, ZL					17:00					
			400 m, ZL	400 m, ZL	400 m, ZL	17:10					
				Drei, F		17:20	Drei, F	Drei, F	Drei, F	Drei, F	
		400 m, ZL				17:25					
						17:30	Hoch, F	Hoch, F	Hoch, F	Hoch, F	Hoch-75
Kugel, F					Kugel, F	17:40	400 m, ZL	400 m, ZL	400 m, ZL	400 m, ZL	400m (W75)
			3000m, ZL	3000m, ZL	3000m, ZL	17:55					
Drei, F	Drei, F	Drei, F	Drei, F			18:00					
						18:20	3000m, ZL	3000m, ZL	3000m, ZL	3000m, ZL	3000m, ZL